



## LVADs & noncardiac surgery: What to do when they come to your OR

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Division of Cardiovascular Anesthesiology  
Division of Critical Care Medicine

Minnesota Society of Anesthesiologists Fall Conference  
November 12, 2016

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## Disclosures or Off-Label Use

- None



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## Learning Objectives

- Explain the overall indications, physiologic effect, and types of LVADs.
- Identify the various LVAD console parameters and diagnose common abnormalities.
- Explain generalized anticoagulation/antiplatelet goals in patients with LVADs and evaluate the merits of continuation or reversal in the non-cardiac surgical perioperative period.
- Assess perioperative management strategies and indications for non-cardiac surgeries in patients with LVADs.



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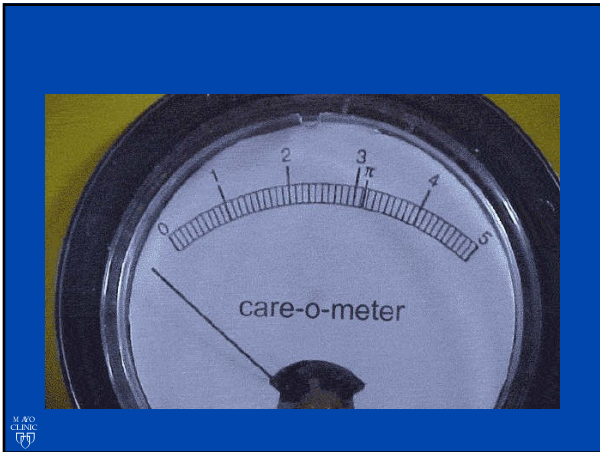
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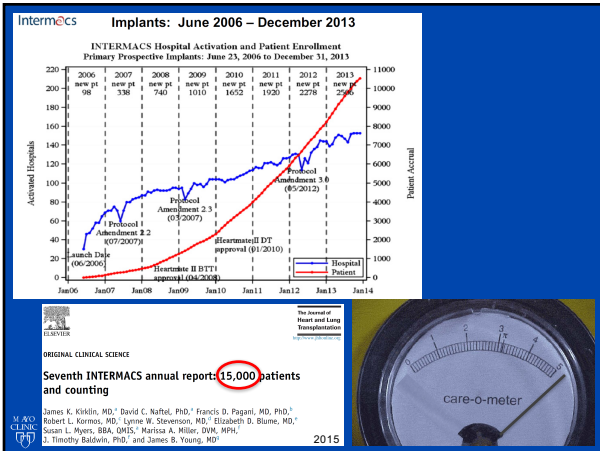
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### Outline

- Recent Case
- LVAD basics
- LVAD anticoagulation, physiology, and acute management
- NCS & LVADs
- LVAD perioperative considerations

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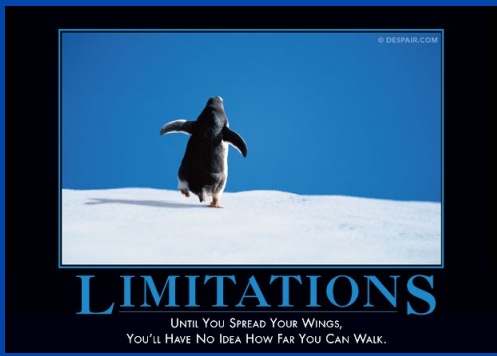
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What this talk is not...



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### Outline

- Recent Case

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### Recent Case

- 78 y/o male
- HM-II placed 6 y prior for ischemic CM (DT)
- Fall → R subtrochanteric femur fracture → OSH
- INR 1.8, Hb 8.3, Plt 180, Cr 1.8, lactate 1



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### Questions

- Where should this pt be cared for?
- How does LVAD change anesthetic?
- How should anticoagulation be managed?
- How to manage transfusions?
- How to monitor and manage hemodynamics?
- Who should anesthetize this patient?
- Where should this pt go after surgery?
- Who should care for this pt post-op?
- When to restart anticoagulation?



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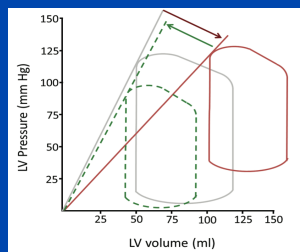
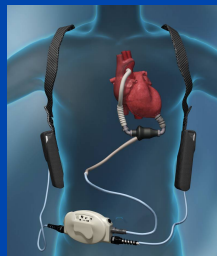
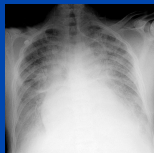


Fig 1K. Riello JN. Mechanical Circulatory Support: Ventricular Assist Devices (VADs) and Extracorporeal Membrane Oxygenation (ECMO). A Society of Cardiovascular Anesthesiologists Manuscript 2014.

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### LVAD Goals of Therapy

| Goals of Therapy       | Definition   |
|------------------------|--|
| Bridge to a decision   | Temporary circulatory support to maintain organ perfusion until neurologic status can be ascertained   |
| Bridge to recovery     | Temporary circulatory support until myocardial recovery is achieved                                    |
| Bridge to a bridge     | Temporary circulatory support to maintain organ perfusion until a more durable device can be implanted |
| → Bridge to transplant | Temporary circulatory support until a donor heart becomes available                                    |
| → Destination therapy  | Permanent implantation of a VAD  |

MAYO CLINIC High K, Pulido JN. Mechanical Circulatory Support: Ventricular Assist Devices (VADs) and Extracorporeal Membrane Oxygenation (ECMO). A Society of Cardiovascular Anesthesiologists Monograph, 2014.

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### LVAD Types

| Class   |  | Example                              |
|---|--|--------------------------------------|
| Percutaneous  |  | Impella 2.5® (L)<br>TandemHeart® (R) |
| Extracorporeal  |  | CentriMag®                           |
| Paracorporeal   |  | Thoratec PVAD®                       |
| Intracorporeal<br>1st Generation:<br>Pulsatile              |  | HeartMate XVE®                       |
| Intracorporeal<br>2nd Generation:<br>Axial Continuous       |  | HeartMate II®                        |
| Intracorporeal<br>3rd Generation:<br>Centrifugal Continuous |  | HeartWare® HVAD                      |

MAYO CLINIC High K, Pulido JN. Mechanical Circulatory Support: Ventricular Assist Devices (VADs) and Extracorporeal Membrane Oxygenation (ECMO). A Society of Cardiovascular Anesthesiologists Monograph, 2014.

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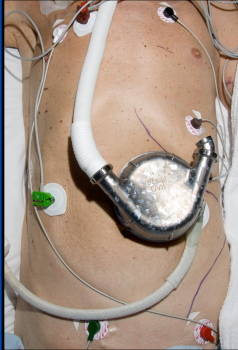
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### 1<sup>st</sup> generation device problems

- Large size
- Durability (2-4 y lifespan)
- Infection
- Thrombotic complications



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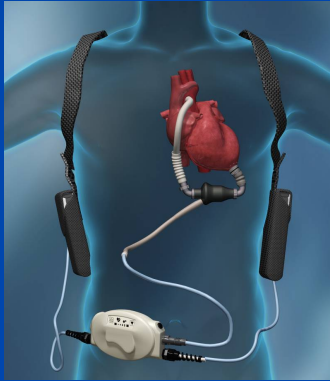
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**HM-II**

- FDA approved for BTT and DT



Courtesy of Thoratec

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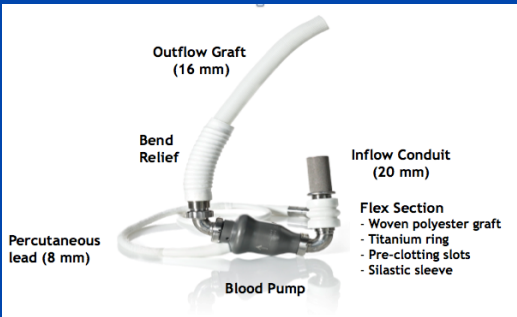
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**HM-II**



Outflow Graft (16 mm)

Bend Relief

Inflow Conduit (20 mm)

Flex Section

- Woven polyester graft
- Titanium ring
- Pre-clotting slots
- Silastic sleeve

Percutaneous lead (8 mm)

Blood Pump

Courtesy of Thoratec

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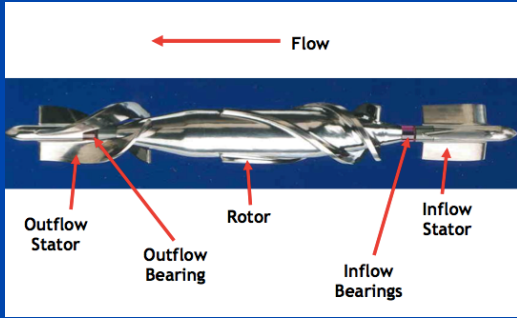
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**HM-II**



Flow

Outflow Stator

Outflow Bearing

Rotor

Inflow Bearings

Inflow Stator

Courtesy of Thoratec

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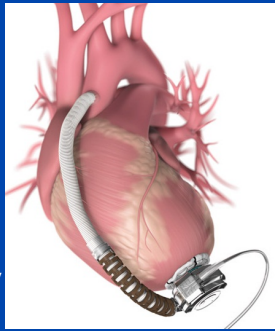
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### HeartWare

- 3<sup>rd</sup> generation
- Continuous centrifugal flow
- FDA approved BTT 2012
- 1 y survival similar to HM-II (84% vs 85%)
- No pump pocket
  - Pump integrated in LV apex



Courtesy of HeartWare Inc.

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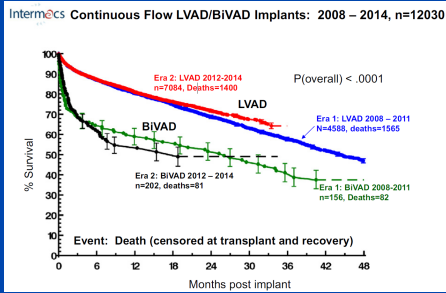
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### Survival

81% 1 y, 70% 2 y, 47% 4 y for continuous flow devices




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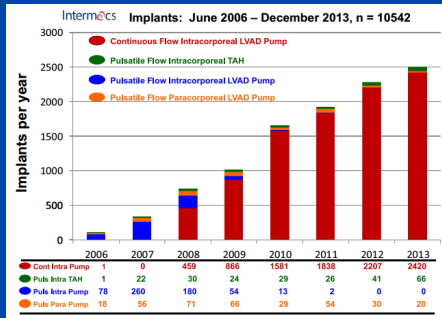
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### LVAD implantation trends



6<sup>th</sup> INTERMACS Annual Report, 2014

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### Outline

- Recent Case
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- LVAD anticoagulation, physiology, and acute management




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### Anticoagulation

|                                  | Antiplatelet agent(s)       | Anticoagulation  |
|----------------------------------|-----------------------------|--|
| Heartware*                       | Aspirin and/or clopidogrel  | Warfarin for INR 2 to 3                                |
| Jarvik 2000                      | Aspirin and/or dipyridamole | Warfarin for INR 2.5 to 3.5                            |
| SynCardia Total Artificial Heart | Aspirin                     | Warfarin for INR 2.5 to 3.5                            |
| Thoratec* CentriMag*             | Aspirin                     | Heparin for PTT 1.5 to 1.8x normal or ACT 190 to 210 s |
| Thoratec* Heartmate II*          | Aspirin and/or dipyridamole | Warfarin for INR 2 to 3                                |
| Thoratec* Heartmate XVE          | Aspirin                     | Not required   |
| Thoratec* IVAD*                  | Aspirin and/or dipyridamole | Warfarin for INR 2.5 to 3.5                            |




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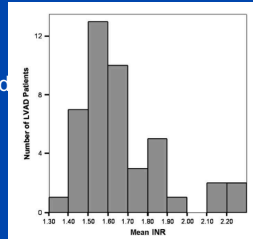
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## Anticoagulation – Can we get by with less?

### Low thromboembolic risk for patients with the Heartmate II left ventricular assist device

Ranjit John, MD,<sup>a</sup> Forum Kamdar, BS,<sup>a</sup> Kenneth Liao, MD,<sup>a</sup> Monica Colvin-Adams, MD,<sup>b</sup> Leslie Miller, MD,<sup>b</sup> Lyle Joyce, MD,<sup>a</sup> and Andrew Boyle, MD<sup>a</sup>  
JTCVS 2008

- 45 HM-II pts
  - 7.2 ± 5.2 months
- All recorded INRs averaged
- 21 had mean INR < 1.6
- 1 thrombotic event (INR 2.4)
- Less stringent AC requirements




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The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

2014

### Unexpected Abrupt Increase in Left Ventricular Assist Device Thrombosis

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### Survival after LVAD Exchange

Intermedics Continuous Flow LVAD/BiVAD Implants: 2008 – 2014, n=12030

Event: Death (censored at transplant and recovery)

p < .0001




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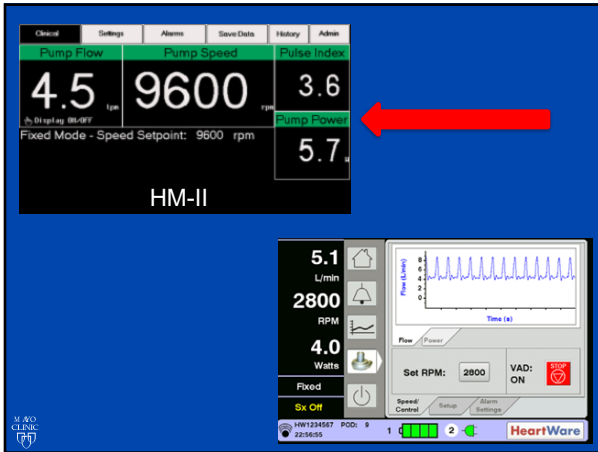
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**HM-II Pump Speed**

- Pump speed is rpm
- Range 6,000-15,000 rpm
- Flow range 3-10 L/min
- ↑ pump speed → ↑ pump flow →  
 ↑ LV unloading → ↓ pulsatility & ↓ AV opening

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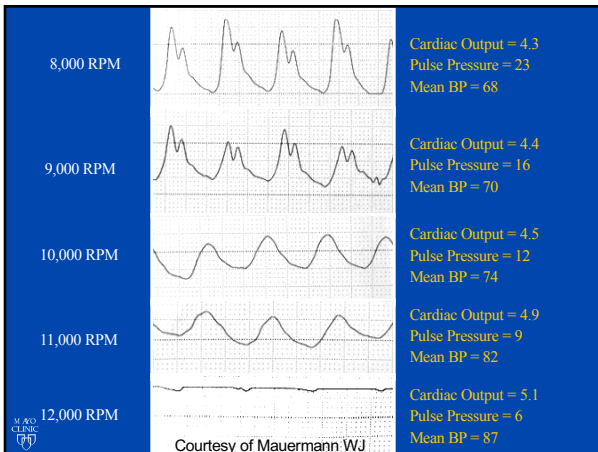
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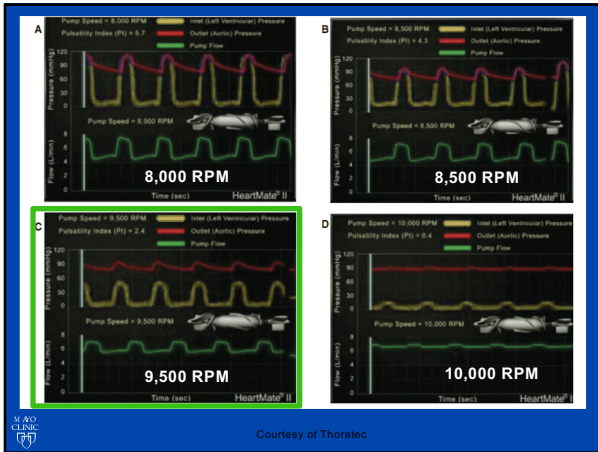
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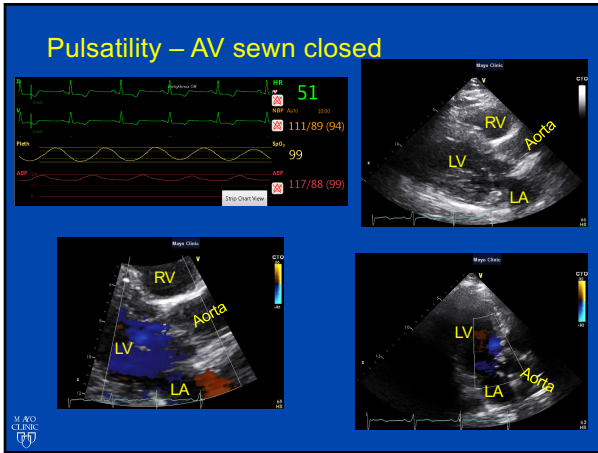
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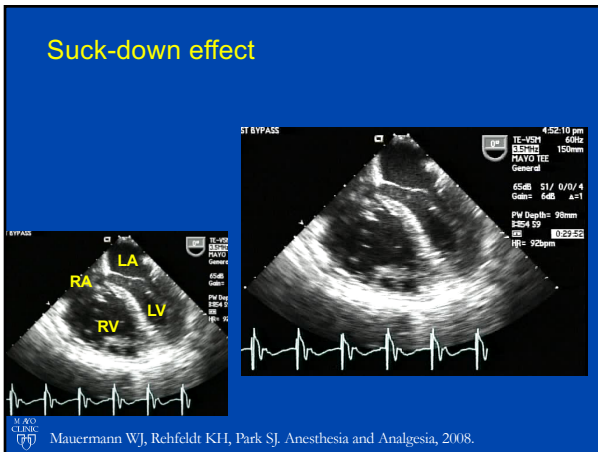
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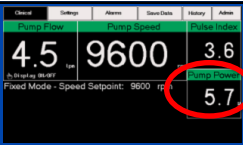
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### HM-II Pump Power

- Directly measured
- Normally 6-8 W, depending on speed
- ↑ may indicate pump thrombus



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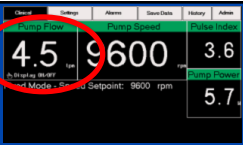
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### HM-II Pump Flow

- Not measured!
- Calculated from pump speed & power
- 20% variability from actual flow through LVAD at normal flow rates (4-6 L/min)
  - Even less accurate at <3 L/m
- LVAD functions in parallel with heart
  - Systemic flow may exceed displayed pump flow with LV ejection through AV
- Falsely high ↑ in flow occur with pump thrombus



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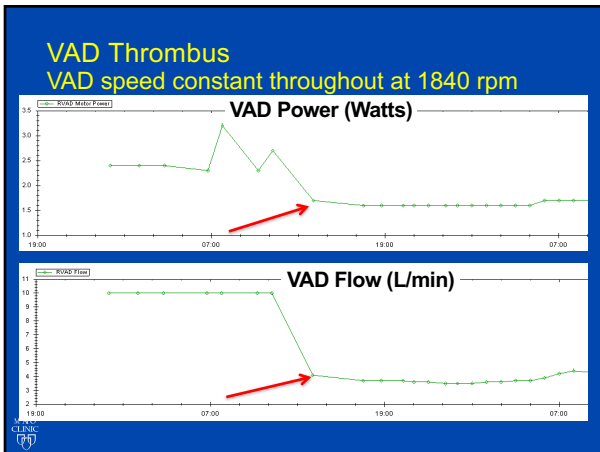
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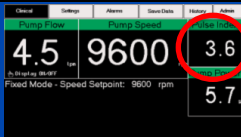
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### HM-II Pulsatility Index

- Variability in LVAD flow in cardiac cycle
- $PI = (Q_{max} - Q_{min}) / Q_{avg}$
- Averaged over 15 s
- Normally 4-6
- Since Q (flow) is calculated from power, PI is actually calculated from power variations
- LV contractility increases flow through LVAD



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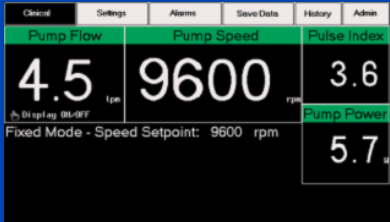
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### What's going on with the LVAD?



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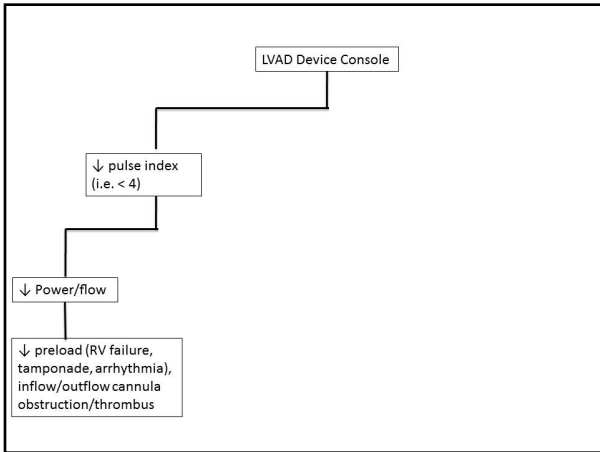
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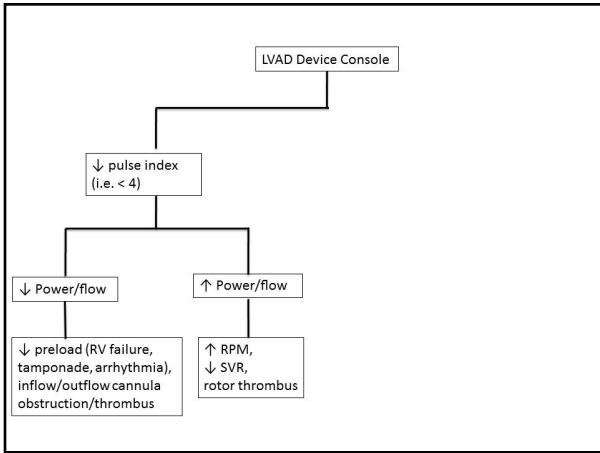
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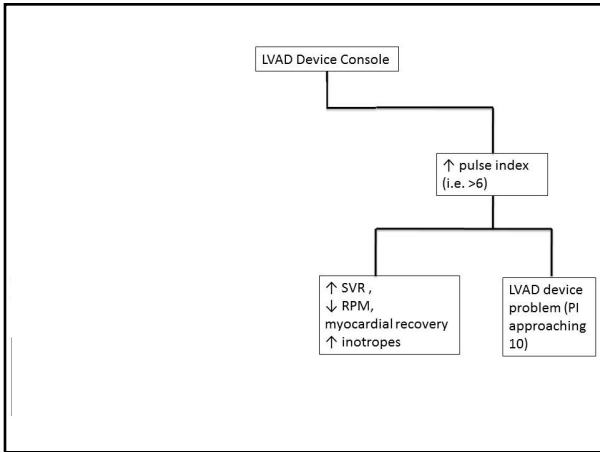
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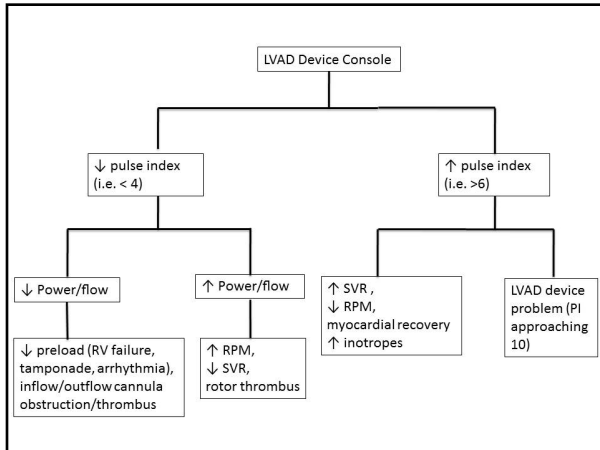
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### Outline

- Recent Case
- LVAD basics
- LVAD anticoagulation, physiology, and acute management
- NCS & LVADs

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### INTERMACS

ELSEVIER The Journal of Heart and Lung Transplantation

ORIGINAL CLINICAL SCIENCE

**Seventh INTERMACS annual report: 15,000 patients and counting**

James K. Kirklin, MD,<sup>a</sup> David C. Naftel, PhD,<sup>a</sup> Francis D. Pagani, MD, PhD,<sup>b</sup> Robert L. Kormos, MD,<sup>c</sup> Lynne W. Stevenson, MD,<sup>d</sup> Elizabeth D. Blume, MD,<sup>e</sup> Susan L. Myers, BBA, QMIS,<sup>g</sup> Marissa A. Miller, DVM, MPH,<sup>f</sup> J. Timothy Baldwin, PhD,<sup>h</sup> and James B. Young, MD<sup>g</sup>

2015

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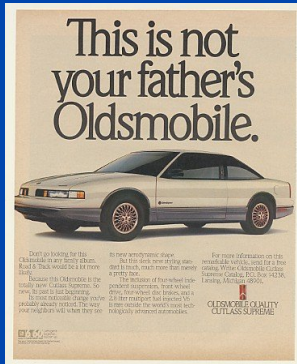
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### Considerations




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### Team approach

- Clinically optimized preoperatively by heart failure cardiologists familiar with device management
- Careful coordination among the cardiology, cardiac and noncardiac surgical, and anesthesia teams is important
- NCS at the cardiac hospital with cardiac surgical resources readily available
- Accompanied in OR by LVAD technician
- LVAD console continuously displays LVAD parameters
- Postoperatively recovered in a single ICU or monitored unit with nursing staff who are familiar with these devices




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### Monitoring blood pressure

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### NIBP & LVADs

- 17 pts w HM-II
- Both cuff and Doppler correlated reasonably well with arterial line BP,  $r$  0.75, (when they worked)

J Heart Lung Transplant. 2010 May;29(5):593-4  
Circ Heart Fail. 2013 Sep 1;6(5):1005-12

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### C.O. on HM-II vs. CCO

- $N = 4898$  C.O. (81 pts)
- $R = 0.42$
- C.O. LVAD < PAC
- Mean difference = 0.36 L/min

Hasin T, et al. ASAIO J. 2014 Sep-Oct;60(5):513-8.

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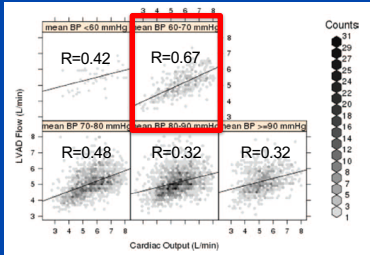
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### C.O. on HM-II vs. PAC



- Sensitive to SVR changes, and calculated flow inaccurate
- Portion of total C.O. may occur via AV

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### BP Monitoring Recommendations

- General anesthesia: Arterial line
- MAC / Moderate sedation: Likely ok without arterial line, but have back-up plan



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### Defibrillation & Cardioversion



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**Rhythm**

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**CPR**

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ELSEVIER  
European Journal of Cardio-thoracic Surgery 36 (2009) 3–28  
www.elsevier.com/locate/ejcts

Journal of Thoracic and Cardiovascular Surgery  
Official Journal of the European Association of Cardiothoracic Surgeons

Guideline  
**Guideline for resuscitation in cardiac arrest after cardiac surgery**

Joel Dunning<sup>a</sup>, Alessandro Fabbrì<sup>b</sup>, Philippe H. Kolh<sup>c</sup>, Adrian Levine<sup>d</sup>, Ulf Lockowandt<sup>e</sup>, Jonathan Mackay<sup>f</sup>, Alain J. Pavie<sup>g</sup>, Tim Strang<sup>h</sup>, Michael I.M. Versteegh<sup>i</sup>, Samer A.M. Nashed<sup>j,\*</sup>, on behalf of the EACTS Clinical Guidelines Committee

**7.4. Patients with a cardiac assist device**

All clinicians caring for these patients should have full training in the procedures for equipment failure and the 'cardiac arrest' situation. The guidelines presented in this document do not apply to these patients. They are highly complicated due to the fact that an 'arrest' may be due to mechanical failure and in this situation ECM is not appropriate. A protocol for resuscitation and back-up support must be established and rehearsed.

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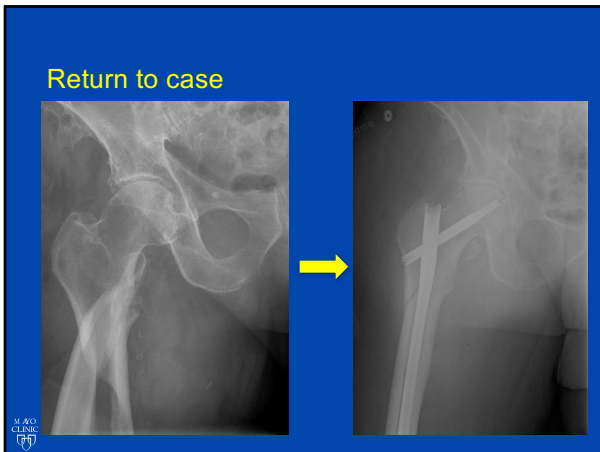
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**Hospital course**

- OR: Awake art line, GETA  
3 RBC, 1 plat, phenyl gtt, extubated
- ICU: PICC, Phenyl → Vaso +/- NE x 2 d  
FFP for oozing w INR 2.4
- POD 2, 3: 1 U RBC each day
- POD 3: Left ICU
- POD 4: Warfarin
  - Heparin gtt (POD 5-6)
  - Highest INR 3.7 (POD 9)
- POD 8: Xfer rehab
- POD 20: Home w home health services



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**Outline**

- Recent Case
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- NCS & LVADs
- LVAD perioperative considerations
- Conclusions

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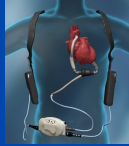
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**Conclusions**

- LVADs are becoming increasingly prevalent
- More LVAD pts are presenting for NCS
- Thorough understanding of LVAD physiology is necessary
- LVAD pts can safely undergo NCS at centers with appropriate resources and multidisciplinary support



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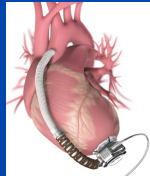
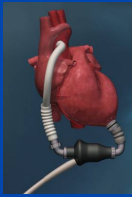
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Questions?

[Barbara.David@mayo.edu](mailto:Barbara.David@mayo.edu)

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